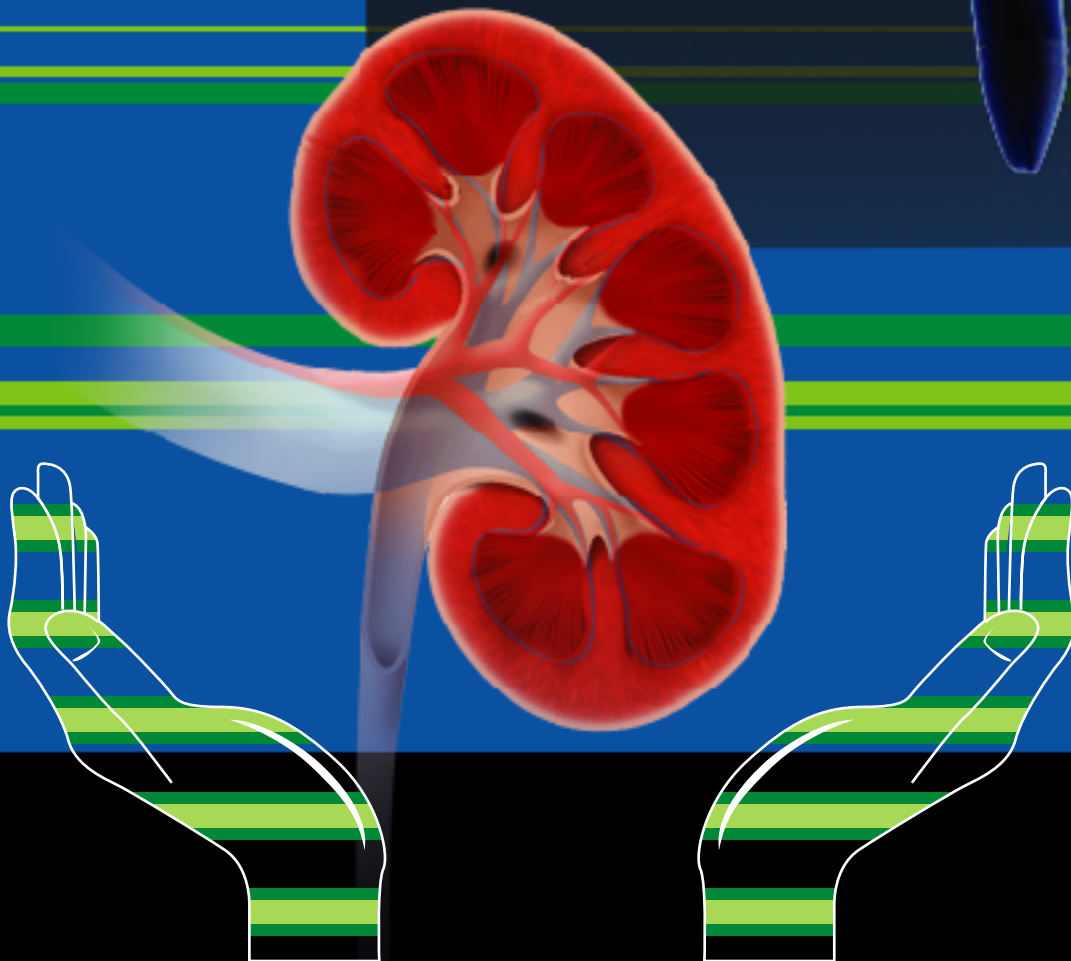


Caring for the Downtrodden with Kidney Disease



Imdad-Sitara Khan Kidney Center (ISKKC)
A unit of Imdad-Sitara Khan Foundation (ISKF)



Message

Justice Muhammad Habibur Rahman

Former Chief Advisor to the Caretaker Government
And Former Chief Justice

It gives me immense pleasure to learn that Imdad-Sitara Khan Foundation has set up kidney centers in Bangladesh. The need for serving the kidney patients in Bangladesh can hardly be over emphasized, especially when the kidney centers are set up to cater poor people and the areas, where the access to such facilities are not available.

I thank the foundation for their endeavors and wish them success.

A handwritten signature in black ink, which appears to read 'Habibur Rahman'.

Message

from Mrs. Sitara Khan



As I look back in time, I see that Allah has a plan for all of us in this world. In 2004, my late husband Dr Imdad Khan, and I attended a reunion organized by the Old Rajshahi Cadet College Alumni Association (ORCA-USA) held in California. At that event we were approached to fund an ORCA-USA initiated project, to establish a dialysis center in Northern Bangladesh. At that time there were no such kidney dialysis facilities. My husband was born with the determination that he wanted to leave the world in a better place than he found it. Keeping that in mind, my husband supported individuals and organizations that would accomplish that objective. My husband and I left the program with a promise to support ORCA-USA's dialysis initiative. I never dreamed that these boys, very busy with their own work, family and other social commitments, would be able to exceed their own expectations as the Fifth Kidney center has become operation as of February 6, 2011. Establishing one dialysis center alone against all bureaucratic barriers and logistics was a Herculean feat in and of itself, let alone five centers in 5 years since 2006. I consider this an exemplary accomplishment.

I wish my husband were alive to see the success of the kidney dialysis program and how it has changed the lives of many Bangladesh citizens suffering from kidney failure. I went to Bangladesh in 2007 and met some of the outstanding and dedicated volunteers engaged in maintaining these kidney centers functional. I cannot be more grateful for all your hard work and dedication to this project without your commitment we could not make this project a success.

From my own perspective, when I was in Bangladesh in 2007, I visited each of the kidney dialysis centers. While visiting ISKCC Dhaka, I remember a man holding my hand tight, looked at me and thanked me, I realized how critical the ISKCC centers are to those in need of renal services. I had similar experiences at other centers as well. These gestures only reinforced my commitment to promoting programs that would help those in need.

I would like to thank each and every member of ORCA, as well as each and every member of ISK Foundation in Bangladesh, all the staff and employees working very hard in all six centers for your excellent and exemplary commitment to serving the humanity. I would also like to express my gratitude to Dr. Steven Guest, a U.S Nephrologist and ISKCC Advisor. I would also like to thank Dr. Shia Benhur of the Gia Medical Facility who has provided ORCA-USA with Dialysis machines at a subsidized cost. I would also like to thank the Bangladesh Embassy in Washington D.C. that assisted ORCA tremendously by facilitating the shipment of dialysis machines from the U.S to Bangladesh. Finally, I would like to extend my heartfelt thank to all the directors of ISK Foundation who have worked hard to maintain the quality of care and equipment at each of the kidney centers.

I am very delighted "to pay back" to the country where my husband and I came from. My family feels blessed to be able to give back and to establish a permanent tie with Bangladesh through this charitable dialysis program. My husband wanted to create a legacy of giving - this dialysis project will remain one of the most important projects that he supported and we will honor him by continuing our support.

Please pray for all of us. May Allah bless you all.

Message

from Zahidus Salam Mia (Dipok)

Former President Chapter, ORCA-USA, Delaware, USA



Imdad-Sitara Khan Kidney Center (ISKKC) is a shining example of an 'improbable dream turned reality' through synergistic combination of good intention, great perseverance, and fantastic team work. A team of naïve dreamers of Old Rajshahi Cadets' Association (ORCA) sold the idea to late Dr. Imdad Khan and his wife Mrs. Sitara Khan of establishing a dialysis center for the downtrodden impoverished renal patients in rural Bangladesh.

In less than 7 years ISKKC has established itself as a premier dialysis provider and by far the largest in Bangladesh. ISKKC is currently operating six dialysis clinics in rural towns of Bangladesh. Without these clinics hundreds of unfortunate destitute patients would not have access to life-saving treatments.

Our gratitude and admiration to the team that brought dialysis within the reach of the poor and desperate renal patients of Bangladesh. Special thanks to Khan Foundation for their financial support and belief in ORCA to implement such an improbable dream.

I had the opportunity to visit the clinics and see firsthand the dedicated and kind care provided by the staff, which was reinforced by the appreciative and satisfied patients. I wish ISKKC team best wishes and success in their forward march to establish a clinic in each of the district towns of Bangladesh.

I have no doubt ISKKC's success will serve as a model to inspire others to create opportunities to serve humanity.



A noble journey that is far from destination

Dr. Abu Hena M. Kamal
Chairman, ISKF and Managing Director, ISKKC

By September 2011, ISKF started its sixth center in Moulvibazar, another remote city in Sylhet division with eight dialysis machines. This initiative of establishing nonprofit dialysis centers was started by ORCA-USA, a US nonprofit organized by the Rajshahi cadet college alumni back in 2004. Soon, after the start of the first kidney center in 2006, the original idea of establishing a single dialysis center with 4 machines in Rajshahi has transformed into a determination of making this treatment accessible to people living in at least 19 greater districts of Bangladesh.

I would like to remember a great soul, late Dr. Imdad Khan of California, USA, who we approached in 2004 for his financial support to establish a nonprofit kidney dialysis center in Rajshahi. Without Dr. Khan's kind and unconditional support we would not be able to even start a good charitable clinic in Bangladesh, let alone a kidney dialysis center. Dr. Khan was known for his philanthropic activities in California but to build a nonprofit kidney dialysis center in Bangladesh was never his dream but ORCA-USA as an organization was able to instill this humanitarian initiative into his heart. We respectfully named our first 6 six centers after him and his living wife, Mrs. Sitara Khan. We owe to Mrs. Sitara Khan for her continuous support for all our kidney dialysis related activities in Bangladesh. But fact remains, it would not have been possible to start so many dialysis centers in Bangladesh with help from the Khan Family Foundation alone.

In last 5 year, from 2006 to 2011, we received support and help from numerous organizations and individuals among them are Independent Dialysis Foundation. Maryland, GIA Medicals, USA, Fresenius, USA, US Nephrologist Dr. Steven Guest, an ISKF fellow, US Nephrologist Dr. Imtiaz Islam, Late Tofazzal Hossain of Phulbari who donated 3500 sq ft newly built space for our Dinajpur Kidney Center, Mr. Sadek Afzal who gave 100% financial support from his foundation, Afzalia Estate, for Moulvibazar Kidney Center and gave a pledge to give full financial support for another two new centers, NBR, Bangladesh, Mr. Touhid Hossain of Bangladesh Embassy, Washington DC, USA, and all ISKF executive committee members in Bangladesh. I would like to thank all ISKKC doctors, nurses and staff for their hard work in maintaining qualitative service in all our ISKKC.

Today, integrity and honesty are not judged with due respect in Bangladesh and like many I always blame our failure as a nation on our leaders. This expatriate driven kidney centers should show light into the eyes of our people who are deprived of their right to access an affordable treatment even forty years after our independence. We cannot sit idle and think somehow good faith and good sense will prevail automatically, instead lets take a challenge to sacrifice our wealth, position and time to contribute for our beloved Bangladesh.

With our hard-earned accomplishment I am confident that together we are sure to make a difference for the good of the humanity.



METABOLISM ASSOCIATES, P.C.

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SUE CHANG, M.D.
THOMAS D. EISEN, M.D.
FREDRIC O. FINKELSTEIN, M.D.

PRACTICE LIMITED TO
RENAL DISEASES
HYPERTENSION

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I am writing as co-chair of the Dialysis Committee of the International Society of Nephrology and Chair of the International Liaison Committee of the International Society of Peritoneal Dialysis. I continue to be very impressed with the work of the Imdad-Sitara Khan Kidney Center (ISKKC) in providing care for indigent patients with advanced kidney failure throughout Bangladesh. Two years ago (in 2009) while teaching in Dhaka, I visited one of the dialysis units established by ISKF in Dhaka and was impressed by the care being provided. The dialysis procedures provide life for patients with end-stage renal disease who otherwise would not have access to care. This is particularly important as the incidence of ESRD in Bangladesh is expected to increase dramatically over the next several years. I would like to congratulate the members of ORCA-USA, a US 501 (c) (3) organization for undertaking such a worthwhile initiative in Bangladesh, I would like to thank late Dr Imdad Khan and his wife Mrs Sitara Khan for giving financial support to this organization.

Dr. Fredric Finkelstein

Clinical Professor of Medicine
Yale University
Chief of Nephrology
Hospital of St. Raphael

Imdad-Sitara Khan Kidney Centers

Personal Reflections on Current Accomplishments, Future Goals, and the Legacy of Giving in the Khan Foundation

Dr. Steven S. Guest MD



The year 2011 marks the 5th anniversary of the opening of the Imdad -Sitara Khan Kidney Centers (ISKKC). These centers provide life-sustaining kidney dialysis treatments to patients suffering from terminal kidney failure. Before ISKKC these patients would be sent home to die or would require the financial resources to obtain long-term care outside of Bangladesh.

The initial dialysis center started in Dhaka and over the ensuing years centers have opened in Rajshahi, Kushtia, and Bogra. The 5th ISKKC unit was opened in Dinajpur and is now treating patients. In February of 2011 dialysis machines were delivered to Bangladesh to be placed into additional facilities.

One major accomplishment for the ISKKC organization has been the establishment of a reproducible model for dialysis machine acquisition, servicing, shipping, customs approval and delivery to the local ISKKC site. Obtaining used dialysis machines, refurbishing them to new standards, delivering the machines to Los Angeles for shipping to Dhaka requires multiple organizations and logistics that have now been streamlined into a competent and reproducible model allowing the building of a dialysis infrastructure in Bangladesh.

Establishing these 5 dialysis centers in Bangladesh has been an accomplishment that should make all of us proud. ISKKC is now the largest provider of outpatient dialysis services in the nation- and has achieved this status with no governmental financial support and due solely on the generosity of the donors. ISKKC employs many talented physicians, dialysis technicians and administrators. To perform repeated treatments of life-sustaining dialysis requires specialized medical knowledge, technical hands-on expertise, supplies, inventory management, and facilities management. A goal of ISKKC has always been that when a patient in kidney failure enters the dialysis unit they should enter a clean medical facility, be greeted with professional staff who administer a safe procedure. Quality Control is a priority of ISKKC and an ongoing goal is to advance the quality of care, monitor the results, correct any deficiencies, and expand the educational and training opportunities of staff.



The dedication of the ISKKC staff and countless lives they have saved should give reason for appreciation and celebration of the accomplishments to date.

Ongoing goals of ISKKC are largely two-fold. One goal is to continue to grow and add new dialysis centers throughout the country. The second goal is to reach a state of financial independence where each site can become self sustaining. As patients contribute a small share of the costs of treatment it is a goal of ISKKC to reach a state of revenue generation that allows for each center to become self-sustaining and require less monthly financial support. Added to these primary goals are, as mentioned, to broaden the understanding that ISKKC is now a major employer and employers need to give back to the employees in terms of pension plans, 401k equivalents or other savings mechanisms, and educational opportunities to better understand kidney diseases, prevention of kidney failure and treatments. An additional goal is the expansion of dialysis services to include peritoneal dialysis, a type of dialysis that could be performed by the patient in their home, better allowing for ongoing employment, travel and independence.

Finally, we remember the life and contributions of Dr. Khan. Dr. Khan's academic and business successes allowed for the financial resources required to start and maintain a charity such as ISKKC. Imdad Khan was not seeking publicity or self aggrandizement by making charitable donations- it was, rather, his personal wish to give back to Bangladesh, a country that had been the place of his birth and upbringing. By sponsoring yearly medical student scholarships, dialysis units, and other altruistic ventures the Khan family, through the Khan Foundation is a charitable organization of highest regard. It is important to realize that the Imdad-Sitara Khan Kidney Centers will be treating patients and saving lives as an ongoing legacy to Mr. Khan and the Khan family.

Personally, I met Mr. Khan during the end of his life, when he was weakened by a long-term illness and barely able to speak. I learned of ISKKC and the vision of providing dialysis services to the poor of Bangladesh. As a kidney doctor myself and someone who had lived briefly in Dhaka I wanted to join in this effort and continue to work toward this legacy project. Though Mr. Khan was too weak to speak to me at length it was clear that his actions spoke louder than any words. Instead of just words, his deeds, and the deeds of his family will have left a legacy of charitable contribution to the poor and ill in Bangladesh. Support for ISKKC will need to be an ongoing commitment for all of us.

Rare opportunity to serve humanity

In September of 2009, I had an opportunity to visit my home country, Bangladesh, for a medical conference. I spoke with my mentor, Fred Finkelstein, a clinical professor at Yale University, about promoting dialysis care in Bangladesh. He graciously agreed to make a visit and also give lectures at the 5th annual conference and international scientific seminar organized by the Kidney Foundation of Bangladesh.

While in Dhaka, I accompanied Professor Finkelstein to Imdad-Sitara Khan Kidney Center (ISKKC) on Babar Road. There is where I first met Abu Kamal, an unassuming young man with brilliant ideas to improve healthcare and education in Bangladesh. Although an expatriate electrical engineer working in California, he has been successfully running non-profit dialysis units in Bangladesh for years. Kamal is an active member of ORCA-USA (Old Rajshahi Cadet's Association-USA) and also the co-founder of SpaandanB, another philanthropic organization with a variety of activities in Bangladesh. I was amazed by his positive energy and enthusiasm, and was a little ashamed about not being able to do as much for my home country as he had.



ISKKC is run by ORCA-USA and primarily funded by the Khan Family Foundation of California. Its goal is to make dialysis care affordable to Bangladeshis, particularly those who are a part of the destitute population in the suburbs. Unfortunately, dialysis care is very expensive and most patients in Bangladesh cannot afford long term dialysis care. There is very little support from the government and from other non-government organizations. Observational studies conducted by the Kidney Foundation in Bangladesh show that the majority of the kidney failure patients in Bangladesh die within three months of starting dialysis because they cannot afford to continue expensive dialysis care. ISKKC's mission is to give the kidney failure patients an opportunity to dialyze at a highly-subsidized rate and to give them a second chance to have a productive life. We were impressed by its dialysis facility in Dhaka. ORCA-USA has done commendable job in Bangladesh and currently ISKKC is successfully running six dialysis centers in Bangladesh.

Kidney disease is an epidemic in the world. The National Kidney Foundation of Bangladesh estimated that approximately 20 million people in Bangladesh have some form of kidney disease, and approximately 40,000 patients die of kidney disease every year. There were 17,000 dialysis patients on Hemodialysis in 2008 and only 263 patients on peritoneal dialysis. Most dialysis patients in Bangladesh are relatively young (around forty) and ideally should undergo kidney transplantation. Dialysis should be the bridge to kidney transplantation for these patients. Renal transplantation is definitely more cost-effective than dialysis, so ISKKC is examining both this and the feasibility of home dialysis therapy (peritoneal dialysis) in Bangladesh, which would allow access to dialysis care even in the rural outreach areas.

I was more than delighted when Kamal invited me to join the ISKKC family. It is my privilege to support ISKKC's noble effort as a nephrologist, and I hope to see the ISKKC as the leader in renal replacement therapy in Bangladesh.

Imtiaz Islam, M.D.

Nephrologist & Medical Director
Overland Trails Fresenius Dialysis
Kearney, NE, USA

IMDAD-SITARA KHAN KIDNEY CENTER BANGLADESH PERSPECTIVE



Air Cdre M. Golam Tawhid (Rtd.)
Aminur Rahman and
Sufi Hyder Zulfiqar Rahman

A Human Tragedy

Kidney failure is yet to get due attention from both public and private sectors. In Bangladesh, thousands of patients die every year due to inadequate dialysis facility and also because of the inability to afford the exorbitant cost of kidney transplantation. Hinterland patients are financially incapable to even reach scarce treatment that is only available in a few major cities. On the occasion of World Kidney Day on March 11, 2010, an article published in the Daily Prothom Alo confirms that in Bangladesh, forty thousand people are going through renal failure and 18 million people are suffering from kidney related diseases.

Due to numerous problems and limitations of kidney transplant in Bangladesh, haemodialysis has become the only option for survival of economically insolvent end-stage-renal-failure (ESRF) patients. There are only one hospital bed for 3083 people and one Nephrologist for 18,30,000 (eighteen lac thirty thousand) people.

An ESRF patient is required to undergo three dialysis every week for remaining life. Due to its high cost of approximately Tk. 2,50,000/- per year, many patients are compelled to compromise on the number of dialysis and many families end up as destitute and paupers. The plight of these patients can be mitigated by making dialysis facility accessible at reasonably cheaper cost and at their door steps. Each machine can serve maximum of 4 patients a day. Thus to serve about 15,000 thousand patients, we need about 3500 - 4000 dialysis machines. Unfortunately in BD, there are about 60 - 80 Dialysis Centers equipped with 400 - 500 Dialysis Machines only, which are totally inadequate. Unfortunately, owing to the scarce dialysis facilities in hinterland towns, thousands of ESRF patients, who are unable to get dialysis treatment in a big city, are forced to wait for ultimate destiny.

Birth and Purpose of Imdad-Sitara Khan Foundation in Bangladesh

In view of the sufferings of poor patients of BD and motivated by the feeling "to pay back to motherland"; Old Rajshahi Cadets Association USA Chapter (ORCA- USA chapter) in 2004 dreamt of a project to establish kidney dialysis centers in hinterland district towns and serve patients at their door steps. In the same year, they appealed to Dr Imdadul Haque Khan, a generous expatriate Bangladeshi living in the USA to sponsor kidney dialysis centers for the unprivileged poor patients in BD. The Khan Family Foundation, Saratoga, California, a USA based charity organization, established by Dr Imdadul Haque Khan pledged financial support to the ORCA-USA in this philanthropic venture in Dec 2004. Meanwhile, ORCA-USA also sought help from Independent Dialysis Foundation, Maryland, USA which donated 39 used dialysis machines which were shipped to BD in Jan 2006. Unfortunately, Dr Imdadul Haque Khan passed away on 7 May 2006 leaving behind his wife Mrs Sitara Khan and daughters Mrs. Shirin and Selina Khan.

Under the patronage of Khan Family Foundation, a trust named Imdad-Sitara Khan Foundation (ISKF) was established in Bangladesh to carry out philanthropic activities. ISKF is a nonprofit Cooperative Society formed in Bangladesh with an Advisory Council headed by Mrs. Sitara Khan and an Executive Committee headed by Dr Abu Hena Kamal PhD.

ISKKCs inaugurated to date

ISKF has already set up six Kidney Centers which include Dhaka, Rajshahi, Bogra, Kushtia, Dinajpur and Moulvibazar, all of them being named Imdad-Sitara Khan Kidney Center (ISKKC).

ISKKC, Dhaka

The Foundation has been running ISKKC, Dhaka since September, 2006. Both Dhaka and Rajshahi Centers were formally inaugurated at Hotel Sheraton on Dec. 22, 2006 by the former Chief Adviser to Caretaker Govt. and Chief Justice M Habibur Rahman, former Adviser to Caretaker Govt. National Prof Brig Gen (ret'd) Abdul Malik, President of Kidney Foundation Prof Dr Harun Ur Rashid which was attended by many renowned physicians and elites. In 2009, Dhaka center has been shifted to new spacious premises at 20/3, Babar Road, Mohammadpur to meet emergent demand of the ESRF patients. The eight-bed center has adequate facility to meet patient's requirement. Since inception, ISKKC, Dhaka has served over 10,000 patients and is currently providing 20-24 haemodialysis treatments per day at a highly subsidized rate.



(Inauguration Ceremony of ISKKC (Dhaka and Rajshahi) in Dec. 2006 by former Chief Advisor to the Caretaker Government Justice M. Habibur Rahman. Prof. Fazlul Quader, Secretary General of ISKF, Prof. Harun-Ur-Rashid, the then Chairman, Department of Nephrology, BSMMU, Dr. S.A. Hamid, President, ORCA-USA, and National Professor Brig. M.A. Malik, Secretary General, National Heart Foundation are sitting on the dais.)

Dhaka ISKKC is located at 20/3, Babar Road, Block:B, Mohammadpur, Dhaka-1207, Tel. 8127473, e-mail: dhaka@iskkc.org.

ISKKC, Rajshahi

In 2007, Rajshahi Medical College Hospital had only two dialysis machines which, for technical problems, could hardly provide sufficient treatment to the patients. In fact, when mother of Shahab Uddin, an ORCA member from 21st batch expired from kidney failure, he proposed ORCA-USA to take up projects to help kidney patients in Rajshahi. Aiming to bring dialysis treatment at the door steps of hinterland patients, ISKKC, Rajshahi was established. This is a six-bed capacity center which includes the latest haemodialysis treatment. ISKKC, Rajshahi provides dialysis facility to the patients in and around Rajshahi division at a discounted rate. Rajshahi ISKKC is located at 49, Kazihata, Rajpara. Rajshahi, Tel: 880-721-812654, e-mail: rajshahi@iskkc.org

ISKKC, Bogra

To reduce the suffering of the patients of Bogra and surrounding districts, ISKF has established ISKKC, Bogra in 2008 inaugurated in Dec. 13, 2007 by Mr. Barrister Moinul Islam, the then Adviser to the Caretaker Govt. and Mrs. Sitara Khan. It is located at Rahman Market (Opposite to Sahid Ziaur Rahman Medical College & Hospital) Silimpur, Bogra. Cell: 01190749910, e-mail: bogra@iskkc.org. This 10-bed center has been set up with all modern facilities for haemodialysis. It has Fresenius 2008H, 4008S and also two Japanese made Nipro machines. Since inception the center has served a huge number of patients at a highly subsidized rate and thus, put significant role in reducing the misery of the patients of Bogra and the adjacent areas.



(Inauguration of ISKKC Bogra at Sheraton on Dec 13, 2007. From the left, Prof Shamim Ahmed, the then Director and Professor, NIKDU, Dr. A H M Kamal, Chairman ISKF, Barrister Moinul Hosein, the then Advisor to the Caretaker Government, and Mrs. Sitara A. Khan, Co-founder of Khan Family Foundation, Saratoga, USA are seen on the dais.)

Bogra, founded in 300 BC, is a rapidly developing district with a population of 3.5 million. Bogra is also regarded as the "nerve center of North Bengal". But unfortunately there was no dialysis center in Bogra town although there is a very modern newly established "Shahid Ziaur Rahman Medical College & Hospital".

ISKKC, Kushtia

In 2009, ISKF successfully launched its 4th kidney center in Kushtia. This event is significant for the foundation as Kushtia is the native district of late Dr. Imdad H. Khan and ISKF enters Khulna Division after Dhaka and Rajshahi. The center has a six-bed capacity dialysis treatment facility. The local people treat the move as an outstanding contribution to the cause of humanity. Since inception, the center has been serving the financially challenged patients of the area.

ISKKC, Kushtia is located at Pearatala, Kushtia Cell: 01671670100, e-mail: kushtia@iskkc.org

ISKKC, Dinajpur

With donation of space from Mosharraf Hossain, an ORCA member, residing in the USA and financial donation from other ORCA members ISKF established its 5th kidney dialysis center in Phulbari, an Upo-zilla under Dinajpur district. The center with four-bed capacity was inaugurated by the State Minister of Land Mr. Mustafizur Rahman MP in January 2011.

BGB Camp Road, Phulbari, Dinajpur, Cell: 01716106763, E-mail: dinajpur@iskkc.org




(Inauguration of Moulvibazar ISKCC on Dec 11, 2011. From the left, Mr. Alaur Rahman, Operation-in-charge, ISKCC Moulvibazar, Dr. A H M Kamal, Managing Director, ISKCC. Mr. Dewan Shamim Afzal, Director, ISKCC Moulvibazar, Mr. Mohsin Ali, Member of Parliament, Bangladesh, Dr Steven Guest, Patron ISKCC, Mr. Sufi Hyder Zulfiqar Rahman, Director of Finance, ISKF are seen sitting on the dais.)

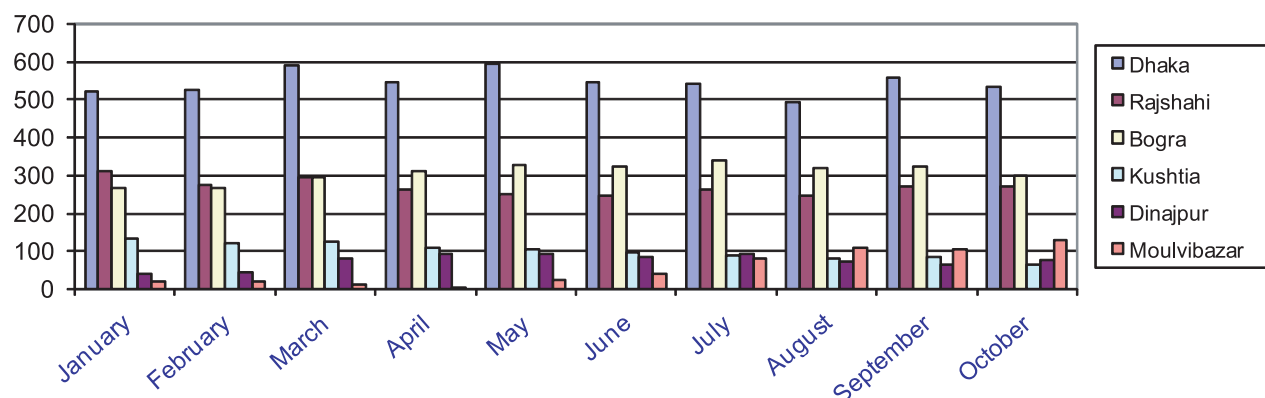
ISKCC, Moulvibazar

ISKF sets another milestone expanding its venture to Sylhet Division for the first time. In July 2011, the 6th center has been setup in Moulvibazar. The center has eight-bed capacity to serve the needy patients of the area. Entire fund for its setup has been donated by the renowned philanthropist family of the area Afzalia Wakf Estate.

It is located at Al-Kadri Center, Dhaka-Sylhet Road, Moulvibazar Cell: 01715442601
e-mail: moulvibazar@iskcc.org

 IMDAD-SITARA KHAN FOUNDATION Yearly Dialysis Report of 2012 up to October												
Center	January	February	March	April	May	June	July	August	September	October	Total	Monthly Avg
Dhaka	521	525	591	548	594	547	542	492	558	536	5454	545
Rajshahi	312	274	296	263	252	248	265	245	272	270	2697	270
Bogra	266	269	296	310	327	324	341	321	322	301	3077	308
Kushtia	132	122	127	109	104	98	90	82	84	66	1014	101
Dinajpur	41	45	79	93	93	83	92	71	66	75	738	74
Moulvibazar	22	19	11	6	23	41	82	109	106	128	547	55
Total	1294	1254	1400	1329	1393	1341	1412	1320	1408	1376	13527	1353

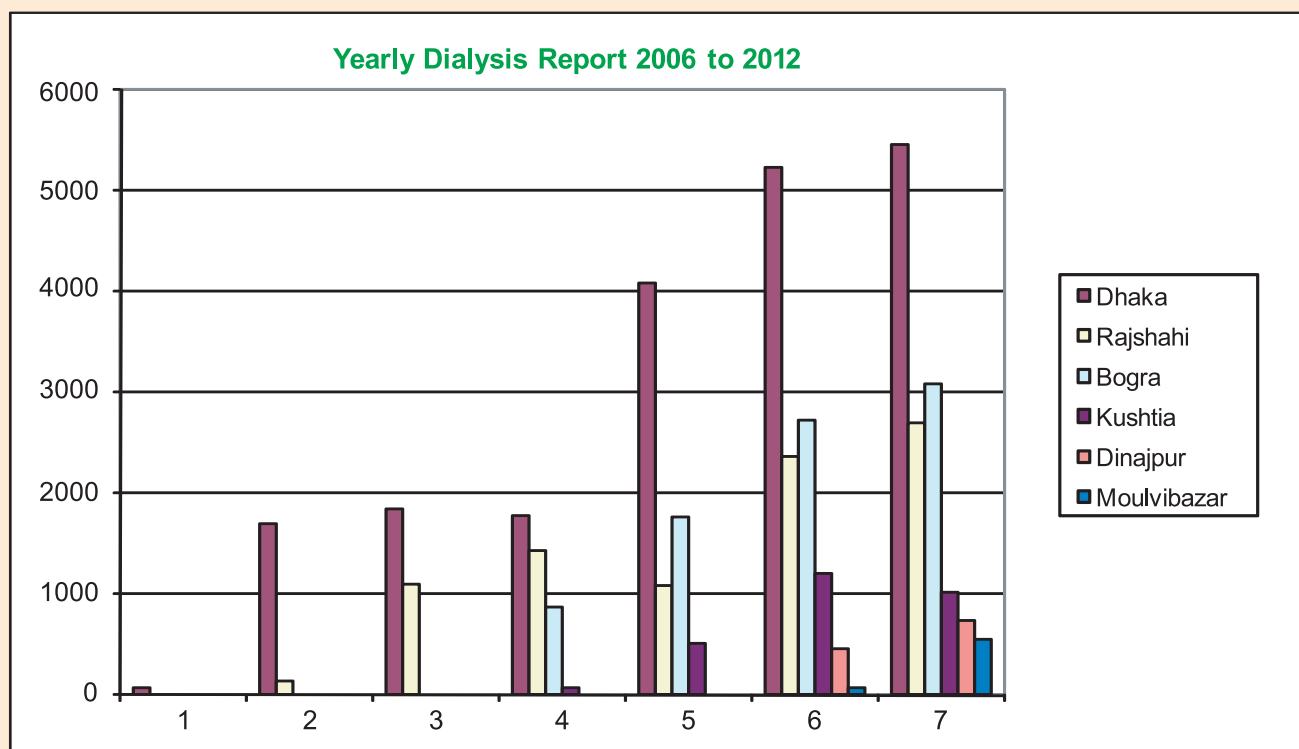
Monthly Dialysis Report 2012 (up to October)



IMDAD-SITARA KHAN FOUNDATION Yearly Dialysis Report (2006-2012)

Center	2006	2007	2008	2009	2010	2011	2012	Total	Percentage
Dhaka	70	1692	1839	1768	4080	5225	5454	20128	48
Rajshahi		127	1088	1420	1074	2366	2697	8772	21
Bogra				865	1762	2715	3077	8419	20
Kushtia				71	509	1205	1014	2799	7
Dinajpur						454	738	1192	3
Moulvibazar						69	547	616	1
Total	70	1819	2927	4124	7425	12034	15539	41926	100

Data of 2012 includes up to October



Data of 2012 includes up to October

ISKF Zakat Fund

ISKF has a separate Zakat fund to support extremely needy patients in its centers. The Fund is being kept separately and is being used only for free/half-free dialysis treatment to the patients eligible and willing to accept Zakat. To know required information regarding collection and utilization of Zakat money, you can visit our website, www.iskcc.org

Bank Account Information

Account Name : Imdad-Sitara Khan Kidney Center
 Account No : 1101151870001
 Bank : The City Bank Limited, Shyamoli Branch

An Appeal for Support

A charitable organization cannot run without massive participation and help from all corners. A little help goes a long way! The foundation is looking for financial help to gradually set-up such kidney dialysis centers in rest of the district towns. All of our centers are providing tremendous support to exceptionally needy patients of the country. While most of the public and private hospitals charge Tk. 3,000 to 5,000 per dialysis, in ISKF Centers a patient can get the same treatment at even Tk. 1000. As such, ISKF has to count a handsome amount every month as subsidy. Naturally, it needs your honest participation and right assistance. We earnestly appeal to you for financial support to facilitate regular dialysis to the needy patients. Your donation can go to,

- sponsor a Dialysis Center in your district
- sponsor a particular dialysis patient etc.
- sponsor a ward, a dialysis machine, a bed in your name
- provide one-time grant for center expansion
- donate a dialysis machine, RO plant, power generator, CTV
- or any other way that suits you



Dr. Imdad H Khan, the founder of Khan Family Foundation, Saratoga, USA is seen with Mrs. Sitara Khan and Dr. Abu Hena M Kamal, the organizer of 2004 ORCA-USA reunion held in California. This event marks the birth of ISKF & ISKKC as Dr. Khan was approached for the funding of the first ISKKC in Bangladesh.



Mrs. Selina Khan, Mrs. Sitara Khan, Mrs. Shamima, Mrs. Guest and Dr. Guest are seen from left at the first fund raising for ISKKC held in Silicon Valley, USA in 2007. The event ended with a cultural show.

From Dr. Khan's Family Album



*Dr. Imdad Khan
at G P Tompson Lab, England 1958*



Dr Khan and Mrs Khan with their elder daughter in Philadelphia in 1962

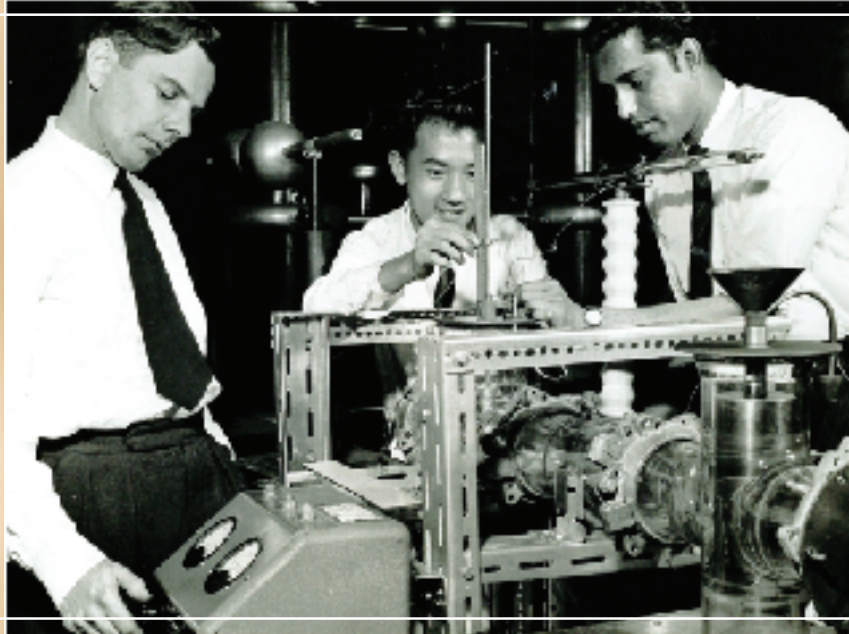


Dr Khan with Dr. Mollik in England

From Dr. Khan's Family Album



Mrs Khan in her 16



Dr. Khan during his PhD in England Imperial College



Mrs Khan at her CA house 2009



Selina Khan with her Dad in 1989

ACTIVITIES IN PICTURE



In December 2009 Dr. Steven S. Guest MD, a renowned Nephrologist in the world and the Chief Patron of ISKCC is visiting Dhaka, Rajshahi, Bogra, Kushtia dialysis centers and the school at Amla, Kushtia, where Dr. Imdad Khan initiated his education in childhood.



ACTIVITIES IN PICTURE

Dr. Guest is visiting all six centers of ISKF during his visit to Bangladesh in 2011.



ACTIVITIES IN PICTURE



Mrs. Sitara Khan, spouse of Dr. Imdad H. Khan and co-founder of Khan Family Foundation, the main donor of Imdad-Sitara Khan Foundation is visiting Dhaka, Rajshahi and Bogra centers during her Bangladesh trip in 2007.



ACTIVITIES IN PICTURE

Dignitaries paying visit to Imdad-Sitara Khan Foundation & ISKKC, Dhaka



Dr. Fredric Finkelstein, Clinical Professor of Medicine, Yale University and the Chief of Nephrology, Hospital of St. Raphael and Dr. Imtiaz Islam MD, Nephrologist & Medical Director, Overland Trails Fresenius Dialysis, Kearney, NE, USA in December 2009.



A team of ASHA Germany, a non-profit organization in Germany, tied with bilateral relation with ISKKC in December 2009.



Dr. Imtiaz Islam MD, Nephrologist & Medical Director, Overland Trails Fresenius Dialysis, Kearney in January 2012.

ACTIVITIES IN PICTURE



Formal inauguration of ISKCC Dhaka and Rajshahi by Justice M. Habibur Rahman, the Former Chief Advisor to the Caretaker Government and Former Chief Justice, in December 2006 at a local hotel in Dhaka.



Formal inauguration of ISKCC Bogra by Barrister Moinul Hosen, the then Advisor to the Caretaker Government, in December 2007 at a local hotel in Dhaka.



Dr. Seven S. Guest posed with the Executive Committee Members of Imdad-Sitara Khan Foundation in 2011



A procession organized by ISKCC, Rajshahi officials and staff on World Kidney Day-2011

ACTIVITIES IN PICTURE



Dr. Steven S. Guest MD participates in a seminar jointly organized by ISKCC Dhaka and Nephrology Department of Bangabondhu Sheikh Mujib Medical University (BSMMU), Dhaka in 2009.



Dr. Guest is participating in a seminar jointly organized by ISKCC, Rajshahi and Department of Nephrology, Rajshahi Medical College, Rajshahi in 2009.

ACTIVITIES IN PICTURE



Dr. Guest is seen to be participating in a seminar organized by ISKCC Bogra at TMSS Medical College, Bogra in 2009.



Dr. Guest is seen delivering speech before the physicians and local elite on Role of Dialysis in Renal Disease Management at a local hotel in Kushtia in 2009 organized by ISKCC, Kushtia.



Dr. Guest is talking to the Physicians at MAG Medical College, Sylhet at a seminar jointly organized by ISKCC, Moulvibazar and MAG Medical College, Sylhet in 2011.



In Memory of My Father

by Selina Khan

My father was a man who was kind and generous. He was brilliant, creative, focused, loyal and always humble. He was devoted to God, my mother and his family. He cared about helping and improving the lives of others.

For those who did not get the opportunity to know him, they missed out on knowing a great man. For those fortunate to know my father, it was clear that he was a very special person.

I want to take this opportunity to remember how much my father meant to me and my family and how he touched the lives of so many people during his time on earth. I also want to share the lessons I learned from him and how he influenced me and my love and respect for him. I want to share how my father lived his life, how he loved his family, how he cared for my mother, how he was a loving father, how his faith and belief in God guided his life, how he helped others, and how he lived an exemplary life. I also want to share some of the positive qualities that he possessed.

My father taught me the meaning of unconditional love and the importance of family. The most important thing that he had was his family. He was always happiest when his family surrounded him. My father was a man that made sure that his family was taken care of, even if it meant he had to sacrifice something for himself. There wasn't anything my father wouldn't do for his parents, his brothers and sisters, my aunts and uncles, or my nieces and nephews. My father took care of the entire extended family and made sure they were all brought up well, with a good education and married life. You could always count on my father to be there for his family during joyous times as well as during the most difficult times.

Someone once said that, "one of the most important things a father can do for his children is to love their mother." My parents were married for over 50 years and my father loved my mother. My mother and father were never apart. When I think of my father, I think of the way he loved my mother and how he admired, respected and revered my mother.

I was extremely fortunate to be raised by a wonderful man. As a father, he was loving and affectionate. My father was always there for me with his love, support and time. My father was my cheerleader, my hero, my source of support and my guidance.

As I reflect back, I remember my father being a constant in my life. As a young child I remember that he used to carry me on his shoulders. My father made me feel safe and secure and made me feel like I could achieve anything. My father's belief in me made me believe I could do, achieve anything.

I have so many fond memories of my father - I remember how he would do whatever he could for me. I remember how much I valued the time we spent together. I remember that he always had time for me, whether it was hours of homework, walking around the block, baking cookies or cutting his hair and giving

him a shave in the sunny backyard. I remember how there was never a time that I could not talk to him. I remember that he was always there for me to offer his guidance and support and was gentle and patient with me.

I remember my father's constant encouragement to pursue my law degree. I remember my father making sure I was always taken care of and looked after. I remember my father's quiet smile. He was always there offering to help with my applications and my course preparation. He used to say that he wanted to be my secretary when I became a lawyer. My successes were all possible because my father's prayers, love, support and guidance. My father was a constant source of strength and support in my whole life. I am blessed to have him as a father.

My father also taught me about faith in God. My father was a man of faith and principle. I believe that his complete reliance and belief in God made him the man he was.

My father also taught me the value of philanthropy and giving of ones self. From the beginning, my father had a giving heart. My father took great joy in helping others. His generosity and compassion were an integral part of who my father was as a man.

My father not only gave priority of taking care of his family and others over his own needs, he helped his friends, family and even those he did not know. My father was always eager to offer a helping hand, always happy to give, always happy to share. He was selfless in the true meaning of the word.

When my father created the Khan Family Foundation, he did so, with the hope to leave the world in a better place than he found it. My father taught me that philanthropy is who you are as a person, it has nothing to do with how much money you have. It is giving of ones self, whether it is giving of time or a good deed or a positive word. My father taught me that it is one's actions and dedication that can make a difference in peoples lives. I see how my father's generosity and good deeds have changed the lives of so many.

Some values are taught with words, others are taught by example. Every day of his life, my father taught many lessons by his careful words and by his actions. People trusted my father's wisdom and his integrity and judgment. If my father gave you advice or helped you with a problem, you could be sure that it was good advice. My father always made people feel comfortable, safe and secure.

My father was a caring person who was always ready to help. He always had a solution to every problem and had a special way of making things simple. He was a good listener and advisor to everyone in every situation. I cannot tell you how many people he advised and counseled with school, jobs and family issues. He wanted the best for everyone, so his advice was always meaningful.

My father also taught by example. The most important lesson that he taught me was to treat others with love, kindness and respect, and strive to make the world a better place. My hope is that everyone can learn from his example. People used to say that my father inspired them, to do better because my father always did better.

As an adult, I am able to fully appreciate the unique combination of qualities and positive virtues that my father possessed. My father was a man of true character and honor. My father lived simply and humbly. He never wanted to take credit for his good deeds and never wanted to be acknowledged for anything he did. My father donated to every cause he believed made a difference in people's lives -he never wanted to be acknowledged or congratulated. He believed that being able to give was its own reward.

My father was kind, patient and forgiving. If someone insulted my father or disliked him, or did something bad to him, he would treat them with more kindness and more love. He believed that this would bring out the good in those people. I will tell you first hand, that it worked.

My father was confident, self assured and capable. I look at his life and realize that he wanted to care and protect those that he was close to and even those he did not know. He wanted to improve and have an impact on the lives of everyone whether large or small. He gave of himself in the most selfless and self-sacrificing manner. My father seemed to always do the right thing and live his life above reproach.

My father's legacy as a man and human being was to make the world a better place. I want my father to be remembered as a man who lived life with a purpose - and that he made a difference and lasting impact on the lives of others. It is my wish that my father be remembered for the good that he did, his graciousness, his kindness toward others, his gratitude and his humility. I want my father to be remembered for how he lived his life.

The Khan Family Foundation is and will continue to be a reminder of my father's legacy. I pledge that I will remain committed to the initiatives my father started. My father would be touched that so many people have taken it upon themselves to volunteer and work on the projects that my father cared so much about. We appreciate the tireless effort and time that so many people have contributed. I know my father and our family are extremely thankful and appreciative of everyone who has given of him or herself.

I began by saying that if you did not get the opportunity to know my father, you missed out on knowing a great man, I hope that by sharing my thoughts, that everyone will get a sense of who he was as a man.

ISKKC

Light house for kidney failure patients



Dr. Kazi Shahnoor Alam, Asstt. Professor (Nephrology), National Institute of Kidney Diseases & Urology (NIKDU), Sher-E-Bangla Nagar, Dhaka. Consultant (Nephrology), ISKKC, Dhaka.

Chronic Kidney Disease (CKD) is a burning issue today in many countries including Bangladesh. It is one of the most prevalent non-communicable diseases in the world. The overall CKD prevalence in Europe and USA is 10.2% and 11.5% respectively. Over 2 million patients worldwide require dialysis. Diabetes and high blood pressure are major causes of CKD. A small study in Bangladesh revealed that the overall prevalence of CKD is around 14%. Glomerulonephritis is the main cause of CKD in this country, followed by diabetes and hypertension. Ultimately these patients develop end stage renal failure (ESRF) and need renal replacement therapy to sustain. There are two options for ESRF patients, dialysis or kidney transplantation. There are two types of dialysis, haemodialysis (HD) and peritoneal dialysis (PD). Whatever be dialysis type, it is an expensive mode of treatment. PD is not yet popular in Bangladesh because of high cost of PD fluid and fear of infection. Haemodialysis, on the other hand, is popular but one has to receive three haemodialysis sessions per week in a standard HD center to maintain a normal life. Monthly expenditure for HD is between 25 to 35 thousand taka which is difficult for most of the patients to bear. Most of the HD facilities are Dhaka city based, only a few are available in other cities of Bangladesh. So, about 90% of ESRD patients in Bangladesh die without treatment. This scenario was much worse before 2006.

Imdad Sitara Khan Kidney Center (ISKKC) appeared as a light house for the helpless kidney failure patients in 2006. It is a non-profitable voluntary organization and its main aim is to provide HD facility at an affordable price throughout Bangladesh. Some times HD is provided free of cost for very poor patients if donation is available to cover such a case. At present there are six centers covering east, west and northern part of the country. More than ten thousand (10,798) HD was done at these centers till Dec., 2011. This is no doubt a great service. Initiatives are on to introduce more centers in other remote cities. The cost of HD at an ISKKC is much lower compared to other for-profit or even two or three existing nonprofit HD centers in Dhaka. Regular consultation service is also provided regarding other medications and nutritional matters. Although three times a week is optimum most patients undergo HD twice a week due to financial constraints and inconvenience of transport. ISKKC management leaves no stone unturned to alleviate the sufferings of ESRD patients. I feel proud to be involved in such a humanitarian job.



ISKF sets another milestone expanding its venture to Sylhet Division for the first time. In July 2011, the 6th center has been setup in Moulvibazar that was formally inaugurated in December 2011 by the local Member of Parliament Mr. Syed Mohsin Ali. The center has eight-bed capacity to serve the needy patients of the area. Entire fund for its setup has been donated by the renowned philanthropist family of the area Afzalia Wakf Estate.

AFZALIA WAKF ESTATE

In the Indian Sub-continent even before the British rule, there was an old tradition of leaving behind estates by a legal “Will” for the future generations and welfare of the general public. These “Wills” by the Muslims are called “Wakf”, and their Hindu counterparts are called “Debothar”. The Afzalia Wakf Estate was created by Dewan Mohammad Afzal, roughly 185 years ago. The present Afzals are the 5th generation of the founder. The “Will” allows using land, or income from the estate for the benefit of the people. The tradition continues to this day and in Moulvi Bazar district of Bangladesh there are many schools, mosques, hospitals, and public offices situated on the lands provided by Afzalia Wakf Estate

Under its mandate till 1950, Afzalia Wakf Estate used to maintain an “Inn” for the benefit of travelers. In the past people mostly used to travel long distance on foot, and during the night safe places were needed for rest. The Estate used to provide free accommodation and food for the travelers. Besides, hundreds of acres of land were given away to the poor for cultivation of rice and other crops. The Estate also used to provide accommodation and food to the students, from rural areas where no schools existed, who either had to find accommodation closer to schools or had to give up education. The present Rajnagar Portious School was such a place and the students used to live in the ancestral home in the village of Mansurnagar as recently as 1965. The ancestral home in Mansurnagar village still exists and the Estate continues to provide one free meal to 24 senior or sick individuals whose families are unable to look after them. As part of the Estate’s ongoing efforts to help the villagers, an open-air sports complex is being built on the Estate’s land, to provide soccer and cricket training to the youth. There will be changing rooms as well as a medical clinic within the complex. The sports complex is expected to be ready by the fall of 2012. The Estate is also introducing school lunch program effective from May 1, 2012 for 500 students who go to Mansurnagar Primary School, adjacent to the ancestral home.

The members of the Afzal family remains committed to maintain the age-old tradition of their ancestors work for the welfare of the people, and hope that this spirit of giving will remain kindled in the mind of the future generations.

The story of one Shafiqul



(Mr. Shafiqul Islam is on dialysis at ISKCC, Rajshahi, since September 16, 2007. He is seen with Dr. Guest, Dr. Monoar, Dr. Kamal and with other staff members of ISKCC in 2011)

Mr. Shafiqul Islam, 47 years old, son of Md. Sadikul Islam & Okilon Bibi, non diabetic, non smoker hailing from Patnitala village of Shibgonj upozila in Chapai Nawabganj was considerably well to do 10 years ago. Then he had severe vomiting along with nausea for several days and was treated locally at first but eventually was diagnosed as a patient of kidney disease by Dr. Monoarul Islam, Nephrologist of RMCH. His both kidneys were detected with atrophied and he needed kidney replacement. Being unable to bear the expenses of the treatment, he adopted medicine based conservative treatment for a while. But his physical condition deteriorated further and his relatives and villagers arranged some money and advised him to go to Kolkata, India for alternative treatment. Unfortunately, that turned out to be mere wastage of money as Indian doctor advised him to go for kidney replacement therapy too. He returned home with broken heart as he realized that the wrong decision took away his last saving.

He was able to gather about Tk. 4 lac and 50 thousand by selling his last piece of land, borrowing and receiving some money from his well wishers and relatives. He went to Dhaka and was admitted in Kidney Foundation Hospital for kidney transplantation. But he became hopeless to find that the cost of transplant was much more than he was able to arrange. So he decided to continue haemodialysis at Kidney Foundation Hospital and stayed there for one month at a cost of about Tk. 60,000. Then he went to Renesa Hospital hearing that the cost was lower. He rented a room to live in Dhaka and started dialysis at Renesa Hospital and continued for another 2 months. But the living and dialysis costs were too high to afford. Mr. Shafiqul had to spend most of the money he collected and returned Rajshahi. For about two to three months he could not afford to take dialysis treatment. Then he heard that haemodialysis was being done at Rajshahi Medical College Hospital (RMCH) at a cost of Tk.2000/dialysis. He continued dialysis at RMCH by borrowing and collecting donations locally. On 16 September 2007, ISKCC, Rajshahi started haemodialysis at a cost of only Tk.800.00 per dialysis. He happened to be the first patient of the center and since then doing dialysis. Some time he couldn't arrange money and missed the schedules.

Mr. Shafiqul wants to live long like all of us. He is always very friendly and honest. He wants to see his son get established. Rajshahi ISKCC is giving him 50% discount on all dialysis from Zakat fund. This kind of story is very common in Bangladesh. As ISKCC, Rajshahi is at the door step of Shafiqul Islam, he doesn't need to travel all the way to Dhaka, rent a place to stay, and be on the mercy of heartless hospital authorities for dialysis.

As Shafiqul said, "রাজশাহীতে ইমদাদ-সিতারা খান কিডনী সেন্টার যদি না থাকত তাহলে আমার মত অনেক রোগী বিনা চিকিৎসায় মারা যেত। যদি ইমদাদ-সিতারা খান কিডনী সেন্টার প্রতি মাসে আমাকে ৪/৫ টি করে ফ্রি ডায়ালাইসিস না দিত তাহলে আমার পক্ষে ডায়ালাইসিস করা সম্ভব হত না। আমি এই সেন্টারটির উপর নির্ভর করে বেঁচে আছি। সেন্টারটির মেশিন আরও প্রয়োজন।"

I DHAKA I

20/3, Babar Road, Block:B, Mohammadpur, Dhaka-I 207, Tel. 8127473, e-mail: dhaka@iskkc.org.



Staff of Dhaka center



Out side view of Dhaka center



Dialysis room



Dr. Guest, Medical patron of of ICKKC along with
Dr. Kazi Shahnoor Alam at Dhaka Center in 2011

| RAJSHAHI |

ISKKC, Rajshahi , 49, Kazihata, Rajpara, Rajshahi, Tel no: 0721-812654, Email : rajshahi@iskkc.org



Out-side view of ISKCC, Rajshahi



Staff of ISKCC, Rajshahi with EC Members



Dialysis room



*Welcome speech by Dr. Monoar
Vice President of ISKCC Rajshahi in 2011*

| BOGRA |

Rahman Market (Opposite to Sahid Ziaur Rahman Medical College & Hospital)
Silimpur, Bogra. Cell: 01190749910, e-mail: bogra@iskkc.org.



Out side view of ISKCC Bogra



Staff of ISKCC, Bogra



Dialysis treatment at Bogra center



Doctor's examination during dialysis

| KUSHTIA |

Pearatala, Kushtia Cell: 01671670100, e-mail: kushtia@iskkc.org



Out-side view of ISKKC Kushtia



Staff of ISKKC, Kushtia



A patient during dialysis at Kushtia center



A regular dialysis patient of ISKKC Kushtia

| DINAJPUR |

BGB Camp Road, Phulbari, Dinajpur, Cell: 01716106763, E-mail: dinajpur@iskkc.org



Out side view ISKCC Dinajpur



Director, OIC & Staff of Dinajpur



A patient during dialysis at Dinajpur center



Dialysis room

| MOULVIBAZAR |

Al-Kadri Center, Dhaka-Sylhet Road, Moulvibazar Cell: 01715442601
e-mail: moulvibazar@iskkc.org



Out side view of ISKCC, Moulvibazar



Director & Staff of Moulvibazar center



*Ceremonial inauguration of ISKCC, Moulvibazar
by Mr. Syed Mohsin Ali, Member of Parliament*



Dialysis room at Moulvibazar center

A New Hope for Kidney Patients



Imdad-Sitara Khan Kidney Center (ISKKC)
A unit of Imdad-Sitara Khan Foundation (ISKF)